

## Checklist

### for Receiving Health Savings Account Employer Funding (Value & Advantage plans only)

Beginning with your date of hire\*, you have 30 days to complete your benefits enrollment and fulfill the additional steps required to receive employer funding to the health savings account (HSA) that is associated with your medical plan. See chart below for more information regarding employer funding amounts.

Please follow the steps below to complete the process:

- 1. Add your spouse as a dependent** (if applicable)
- 2. Enroll in benefits**
- 3. Open your [Optum Bank HSA account](#) within 60 days of enrollment of our medical plan (HSA plans only).**
- 4. Create your Empower account**
  - Visit the NOW homepage > QuickLinks > Empower Your Wellbeing
  - Login with your Nebraska Medicine credentials
  - Spouses visit [nebraskamed.com/empower](http://nebraskamed.com/empower) to register
    - Spouses enter your employee ID + “s” as their unique ID
    - Example: 10001492s
- 5. You and your spouse (if applicable) complete your Total Health survey on the home page of the Empower portal**

Funding will become effective on the second pay date of your third month of employment. Example: Someone hired in January will receive their funding the 2<sup>nd</sup> pay date in March. If you have questions or need assistance, contact MyHR at 402.552.6947.

Coverage Effective Date	Prorated HSA Employer Funding Amount Value and Advantage Plan			
	Employee Only	Employee + Child(ren)	Employee + Spouse*	Family*
January	\$500	\$1,000	\$1,000	\$1,000
February	\$375.00	\$750	\$750	\$750
March	\$375.00	\$750	\$750	\$750
April	\$375.00	\$750	\$750	\$750
May	\$250	\$500	\$500	\$500
June	\$250	\$500	\$500	\$500
July	\$250	\$500	\$500	\$500
August	\$125.00	\$250	\$250	\$250
September	\$125.00	\$250	\$250	\$250
October	\$125.00	\$250	\$250	\$250
November**	\$0	\$0	\$0	\$0
December**	\$0	\$0	\$0	\$0

\*this funding amount requires the employee and covered spouse to complete the Total Health survey within 30 days of date of hire

\*\*employees who become benefit eligible in November and December will need to complete their Total Health survey within 30 days of date of hire for employer funding in the next calendar year

## Checklist

### for Receiving Premium Discount (PPO Plan Only)

Beginning with your date of hire\*, you have 30 days to complete your benefits enrollment and fulfill the additional steps required to receive a per pay period premium discount that is associated with the PPO plan.

Please follow the steps below to complete the process:

**1. Add your spouse as a dependent** (if applicable)

**2. Enroll in benefits**

**3. Create your Empower account**

- Visit the NOW homepage > QuickLinks > Empower Your Wellbeing
- Login with your Nebraska Medicine credentials
- Spouses visit [nebraskamed.com/empower](https://nebraskamed.com/empower) to register
  - Spouses enter your employee ID + “s” as their unique ID
  - Example: 10001492s

**4. You and your spouse (if applicable) complete your Total Health survey on the home page of the Empower portal**

- Employee only - \$20 per pay period discount
- Spouse - \$10 per pay period discount

The discount will become effective on the second pay date of your third month of employment. Example:

Someone hired in January will begin to receive the premium discount on the 2<sup>nd</sup> pay date in March.

*Employees who become benefit eligible in November and December will need to complete their Total Health survey within 30 days of hire to receive the premium discount in the next calendar year.*

If you have questions or need assistance, contact MyHR at 402.552.6947.