

Nebraska Medicine understands that obtaining your medications is important to you, and we want to ensure that the process is as smooth as possible. In certain cases, your healthcare provider may prescribe medications that require a prior authorization. This means that before your insurance plan covers the medication, they need to review and approve it based on specific criteria.

Here's what you need to know about prior authorization for the following scenarios:

GLP-1 Medications for Diabetes

GLP-1 Medications for Weight Loss

Topical Retinoid Therapy for Acne

Why Prior Authorization is Required:

GLP-1 medications are highly effective in managing diabetes, but they may have alternatives that need to be considered. The prior authorization process allows us to verify that this specific medication is the most appropriate for your unique health needs.

Common medications under this category are:

Adlyxin, Bydureon, Byetta, Mounjaro, Ozempic, Trulicity and Victoza.

While GLP-1 medications can be beneficial for weight loss, there may be alternative treatments or lifestyle modifications that should be explored first. Prior authorization allows us to ensure that you receive the safest and most effective treatment plan for your weight loss journey.

Common medications under this category are: Wegovy and Saxenda.

Topical retinoid therapy can be a highly effective treatment for acne, but there may be alternative options to consider. Prior authorization allows us to make sure that you receive the most suitable treatment for your unique skin condition. **Common medication under this category are:** Adapalene, Akliel, Altreno, Arazlo, Atralin, Differin, Epiduo Forte, Epiduo, adapalene/benzoyl peroxide, Fabior, Retin-A, Retin-A Micro, Tazorac and Twyneo.



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If you have any questions or need further assistance, please do not hesitate to reach out to our dedicated customer service team. We are here to support you in your journey towards better health.