

SUPPORT GROUP FOR POSTSURGICAL BARIATRIC PATIENTS

Support groups are an important component of your bariatric journey. Our group allows you to connect with others in the community who are in various phases of the bariatric surgery process, from presurgery to many years postoperative.

Please join us to learn more and to connect with others.

2025 CLASS SCHEDULE

Feb. 5

Kimberly Sharp, MMN, RDN, LMNT, LD
Meals on the Go

April 2

Laura Hernandez, MMN, RDN, LMNT, LD
Intuitive Eating

June 4

Gigi Renshaw
Strength Training

Aug. 6

Carrie Torczon, PA-C
TBD

Oct. 1

Ciara McCarty, PA-C
Exercise

Dec. 3

Karen Sater, RN
TBD



DATE AND TIME

First Wednesday of even-numbered months beginning in February, excluding holidays via Zoom, from 6 to 7 p.m.

View and listen to meetings online at

<https://tinyurl.com/4j6s6dte>

Passcode: Bari

Join by phone: 312.626.6799

Meeting ID: 968 7787 3568

QUESTIONS

Call 402.559.9500



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