

## Convenient Immediate Care Clinics

From injury or illness, choose one of our Immediate Care Clinics. You'll receive quality care without the emergency room wait. Plus, each visit is billed as a regular office visit.

**Deciding where to go? Know your alternatives before you need them!**

If you experience...	You should probably go to...		
	Doctor's Office	Immediate Care Clinic	Emergency Department
Animal bites		X	<ul style="list-style-type: none"> <li>Any life-threatening or disabling condition</li> <li>Chest pain</li> <li>Severe difficulty breathing or shortness of breath</li> <li>Severe abdominal or pelvic pain</li> <li>Deep cuts or a stab wound that won't stop bleeding</li> <li>Fractures with bones showing</li> <li>Dehydration</li> <li>Gunshot wounds</li> <li>Infant under 6 months requiring care</li> <li>Abdominal pain or bleeding if you are pregnant</li> <li>Loss of consciousness</li> <li>Difficulty speaking, sudden dizziness or numbness in the face, arm or leg</li> </ul>
Stitches		X	
X-rays	X	X	
Back pain	X	X	
Mild asthma	X	X	
Minor headaches	X	X	
Sprains, strains	X	X	
Nausea, vomiting, diarrhea	X	X	
Bumps, cuts, scrapes	X	X	
Burning with urination	X	X	
Coughs, sore throat	X	X	
Ear or sinus pain	X	X	
Eye swelling, irritation, redness or pain	X	X	
Minor allergic reactions	X	X	
Minor fevers, colds	X	X	
Psychiatric illness	X		
Rashes, minor burns	X	X	
Flu vaccinations	X	X	
Who usually provides care?	Advanced Practice Provider or Doctor	Advanced Practice Provider or Doctor	
Typical copay	\$	\$	\$\$

Please note: additional charges may apply per plan description; emergency room is covered only if a true emergency

## EXTENDED HOURS AND LOCATIONS

### Chalco Health Center

8343 S. 168th Ave.  
Omaha, NE 68136

### Eagle Run Health Center

3685 N. 129th St.  
Omaha, NE 68164

### Midtown Health Center

139 S. 40th St.  
Omaha, NE 68131

### Family Medicine Clinic at Bellevue Health Center

2510 Bellevue Medical Center Drive, Suite 200  
Bellevue, NE 68123

**Weekdays:** 6 to 9:45 p.m.

**Weekends:** 10 a.m. to 7:45 p.m.

**Holidays:** 11 a.m. to 3:45 p.m.

## DAYTIME HOURS AND LOCATION

### Plattsmouth Immediate Care Clinic

1938 E. Highway 34  
Plattsmouth, NE 68048

**Weekdays:** 8:30 a.m. to 4:45 p.m.

**Closed on weekends, weekday evenings and holidays**

**Additional walk-in services at Plattsmouth include:**

- Flu shots
- Labs and X-rays with orders from Nebraska Medicine providers
- Pneumonia vaccinations with orders from Nebraska Medicine providers

[NebraskaMed.com/ICC](http://NebraskaMed.com/ICC)

